



Hello again, and welcome to the July edition of Club News. As I start work on this issue we are enveloped in thick fog – hopefully to be followed by a fine day – but who knows any longer? The weather certainly has changed in the last few years, every day is a surprise, and even Mother Nature is confused. But without Winter what excuse would we have to enjoy the crockpot and slow-roasted meals, the heart-warming sticky puddings and the mulled wine? Once we have stacked on the extra weight, we will be ready again for the lighter summer meals, and so life's cycle continues.

Last month I asked if you thought that edition was too long, I received only two responses, both in favour of the longer edition, so I have put the pruning shears back in the shed. Now why don't you make yourself a hot drink and settle in for a session with me as we catch up with the very interesting goings-on from Rebus clubs around the country.

WEST AUCKLAND MEN'S REBUS CLUB



President Bill Fairs

On Wednesday 12 June, 25 members and spouses (including 2 widows of recently-deceased members) enjoyed our Annual Mid-Winter Lunch at the now traditional venue, Soljans Winery. This year we were in a different, more open and lighter room and had a set menu delivered to the table, not a buffet. Although the menu was limited and cheaper it was still delicious.



The June Guest Speaker was **Gaye Stratton**, New Zealand Community Liaison Educator for Macular Degeneration New Zealand (MDNZ, see <http://www.mdnz.org.nz/>): Macular Degeneration (MD) is the leading cause of blindness in New Zealand, affecting one person in 7 of those over 50. Macular Degeneration affects the central vision and could impact on your ability to drive, read, watch TV, participate in your hobbies and recognise faces. However, if MD is caught in time, steps can be taken to prevent the onset of MD and treatments are available. It is Gaye's job to dispel myths and misunderstandings about MD and to provide information about the latest treatment and management.

I have spent ages reducing about eight pages of Gaye's address into six lines. I recommend you go to: <https://www.macular.org/amsler-chart>: and download the Amsler Chart for your own on-going use. You owe it to yourself to care for your eyes. Thank you John Mihaljevic, Newsletter Editor for this very important item. Ed.

* Rebus recommends this speaker, go to education@mdnz.org.nz

REBUS CLUB OREWA



Visit to Jeff Thomson's Studio, Helensville, organised by Yvonne Ambler. A recent sculpture of Jeff Thomson's from "Waiheke's Sculpture on the Gulf" exhibition is now permanently on exhibition at the entrance of Gulf Harbour Marina (photo right). You can park next to it and have a good look.





“The Vicar of Dibley.” This is a play based on the BBC production of the same name with all the same characters. I'm sure this play will be very popular and as it's only on for one week, the bookings will be very heavy.

Centrestage, Orewa, Friday night 13th September, 7.30pm. Cost: \$23.

Thank you Maureen Grigg, always lots of interesting news from you. Ed.

CAMBRIDGE MEN'S REBUS CLUB

On the 24th June, 14 members visited the Convex Innovative Packaging factory in Hamilton. We were first shown through the laboratory where quality control takes place and experimental packaging is being developed. We were amazed they have already developed high barrier fully compostable packaging which is now being used by Bostock Brothers for their organic chicken packs and Lux Organics for the packaging of organic salad greens. We were shown



through the factory where the blow-moulding occurs and various layering processes transform the plastic into the required forms of packaging. Giant printing machines applied all the various company logos and product information. We saw hundreds of different types of packages including plastic rubbish sacks, pet food pouches, garden fertiliser bags, shrink wrap, coffee bags and courier bags. In the afternoon we visited the construction site offices of the NZTA Hamilton extension of the Waikato Expressway. This 22km extension is due to open sometime in 2020.

Bob Jackson sent us this account, thanks.

TAURANGA CENTRAL LADIES REBUS CLUB

Although we are a well-established Club we have chosen to use the year in which we became a part of the REBUS family as our birthday date. We have just celebrated year two and held a celebration at our monthly meeting to mark what we know will be the one of many to follow. The Club was founded in 1991 as Tauranga Central Ladies Probuss Club. We became affiliated to Rebus on 18th May, 017.



The birthday cake was made by our President, Sharon Frost and iced by Jill King, our Treasurer. Delia French, the President in 2000 cut the cake. Entertainment was provided by 'Highly Strung' with members of the group playing guitar, ukuleles, a banjolele and vocals. Members were encouraged to sing along with them.



Thank you, Wynn Love, Secretary, for this item – glad to see you celebrated in great style. Ed.

REBUS CLUB CAMBRIDGE

Our Main Speaker in June was Talia Gillingham, an educator and lead guide for Maungatautiri Eco Trust. This 34 hectares of forest and wet land is fenced and has a perimeter road that takes 6 hours to drive around! She told us of the unique features of the sanctuary, of the animals and bird life as well as some new species recently introduced. This truly is a great place to have on our doorstep.



Speakers for July; Our first speaker was **Matt Cook of Rural Fire service**. It was interesting to hear of his work in the Port Hills and around Nelson.

Our second speaker was **Paul Watkins** who gave a most interesting history of World War 1. He told us of Armistice in Cambridge and the association with Le Quesnoy and the history behind that link between the friendship of the two towns, Cambridge and Le Quesnoy. Armistice in Cambridge is the largest commemorative event in New Zealand, that marks the Anniversary of the signing of the Armistice between the Allied nations and the German Empire in 1918, ending the First World War.

Margaret Carver, Newsletter Editor, sent us their very artistic newsletter. And Rebus Club Cambridge has an unusual interest group that caught my eye, the “Memoir Writers Group”. I think most of us at some time or another think we really should get around to recording our life’s story, but never do. Ed.

REBUS CLUB OF DEVONPORT INC.

GUEST SPEAKER: Frank Graveson, a member of the New Zealand Team to Scott Base in 1962-64 gave us a most interesting and informative presentation going back to the early days of New Zealand’s involvement in the Antarctic. Frank was a Mining Engineer when he went to Scott Base, but shortly afterwards there was need for a Dog Handler, as the present one was hurt, so Frank stepped in and thoroughly enjoyed his time down there. He experienced many expeditions over the years using dogs, horses and tractors. Many dogs died because of the conditions and only a few



returned to their country of origin. Dogs proved to be the best form of transporting goods on the sledges, until they were superseded by the soulless, noisy motorised toboggans.

Mid-Winter Lunch will be at VALENTINES, 180 Wairau Road, Glenfield, Wednesday, 21 August at midday.

David Thomson is Newsletter Editor at Devonport, thank you David. Ed.

TAUPO MOANA REBUS CLUB



Taupo District Council Tour: We don’t think too much about what goes down the toilet or waste from kitchen, “out of sight out of mind,” but not so for Council. It all goes down the sewage pipes, generally towards our Lake, then pumped to the treatment plant. There a lot happens, foreign matter is removed - phones, wallets, toys, etc. while remaining biodegradable sludge is dried and stored and all liquids separated out. Liquids are piped to the 200 hectare site on View Road and sprayed on the pasture (benefits deeper rooting, good for the Lake) and the Lucerne and grass is cut, baled and sold to farmers (but not for dairy farms). 100% of sludge is trucked to View Road. The sludge is mixed with Miraka

and timber wastes, lake weed and some food waste, spread out, and millions of worms go to work! Over time the sludge becomes worm cast. This in turn is taken to the Broadlands recycling site and converted to organic Vermicast and sold for use on farms, landscaping and horticulture sites. This process is owned and operated by Noke Ltd, who breed and sell worms and worm farms, as well as Vermicast and Vermicompost! They employ 1.2 billion earth worms – which have been around for 600 million years!

The report was by Alan Milne, and sent by Christine Bailey, Bulletin Editor. A visit to the loo will never ever be the same again Christine. Good on those little critters, what would we do without them? Ed.

THOUGHT FOR THE DAY: The door to wisdom swings on hinges of common sense and uncommon thoughts.

SOUTH WAIRARAPA REBUS CLUB

On June 28 some 43 members and friends met at the South Wairarapa Working Men’s Club for our **Midwinter Luncheon**. Mulled wine or fruit juice were served on arrival and we enjoyed a very pleasant meal of ham, chicken and



vegetables followed by a sumptuous dessert. Between courses we were entertained by Roger Gillet, a retired veterinarian, who had many stories from his working life in the South Wairarapa. Travelling between farm visits, often running late for his next appointment, he had numerous encounters with traffic enforcement, with penalties including a period on a pretty strictly policed licence, restricted to his work only. It was somewhat embarrassing when, on his way home one Friday evening, his car broke down outside the Featherston fish and chip shop which was a couple of hundred metres off his permitted route. We were delighted that Roger joined us for lunch and his entertainment was much appreciated.

At our next meeting we will be hearing from **Ben Masters of PaperHands** in Martinborough. Ben is an artist and retail designer who finds creating wallpapers an exciting way to blend his talents and experience. His wife Helen, a winemaker at Ata Rangi, enjoys the opportunity to express her design ideas and loves coming up with new concepts. Ben's designs can be seen in the foyer to the refurbished Martinborough Town Hall and at Peppers Parehua Hotel in Martinborough, site of our Christmas Lunch in November.

"To err is human but it feels divine." Mae West

Dave Woodhams sent us all this news from his club, thanks Dave.

REBUS CLUB OF PETONE



Mid-Winter Lunch: Fifty of us enjoyed lunch at the Te Marua Golf Club after the club meeting. Between courses Pam tested our rebus solving abilities with various puzzles. Most of us were glad we were not expected to solve them.

31 July Club Outing "Round the bays." We will be given a commentary by our very knowledgeable driver Richard, who will take us to Miramar via the bays where we will have a quick comfort stop and have a look at the refurbished ROXY Theatre. Then

on round the coast to the Chocolate Fish Cafe for lunch. After lunch we will drive round the other side, via Lyall Bay, Island Bay thru the city and home.

Photo right, **"Old Sow and Sows"** garden group, at Palmers Garden Centre.

Morning Tea Roster: We would like November to be a men only volunteer month.

What a wonderful opportunity for those wannabe chefs, a chance to bring out the Gordon Ramsey in you!!! Ed.



REBUS CLUB OF PALMERSTON NORTH

Trip to **Massey University Aviation School**, 19th June.



Guest Speakers from the PN Community Probation Service were Paul Boyce & Mel Richards. Their work is to rehabilitate prisoners, under conditions set by the court, with skills & specific job training in the community. Safety to the public is the "bottom line." Supervision of those on 1-2 years rehab is intensive. Electronic monitoring of those on home detention is 24/7. Those who remove anklets are tracked down quickly. The Probation Service is responsible to the court and provides pre-sentencing reports, including advice on appropriate sentences. There are about 25 on the case list in PN at any time.

Dean Halford, Vice President and Newsletter Editor sent us their news, thank you Dean. Ed.

FITZHERBERT REBUS CLUB INC.



Visit to Obo Factory: When Simon Barnett founded his small Palmerston North sports gear factory 25 years ago, Obo was a meaningless made-up word. Now it means the best protection available to hockey players in 76 countries, and the company supplies two-thirds of the world's professional field hockey goalies. The factory operates 24 hours a day for five days each week. People expect it to be some big factory with hundreds of workers, but with 18 staff, often there's only six working at any one time. We then had afternoon tea at Soskys. Thanks to Owen for organising this outing.



Report from Allain Scott. Photos by Libby Gosse.

Last Club Day Trevor Gillbanks, beekeeper, shared his knowledge about insects, and honey bees in particular. He started beekeeping in 2011 as a change from orchid growing and wood turning. Insects are the most prolific life form on earth with over one million species. About one-third of all the food we consume is made possible because of honey bees – fruit, veges etc. Bees were brought to New Zealand by Mary Brumby, a sister of the missionary, in 1838. She brought English Black Bees from Australia but they were wiped out by the Varroa mite. Trevor has 50 beehives in Palmerston North and Feilding, which keep him busy two days a week. His country hives produce 30 – 40 kgs of honey per year, but the town ones can produce up to 100 kgs.

Bev Wallace, Secretary, always sends us their Newsletter, thank you.

WOMEN'S REBUS CLUB OF WAIKANAE

The Speakers at our July meeting were Sandi Beatie, Amanda Dixon and Vicky Black representing trustees from **Trade Aid**. Back in the 1970s a couple, the Cottrills, went to India and brought back carpets to sell, using profits to benefit the community. The same principle is still followed with much more diversity. Fair Trade make an agreement with the producer and pay fifty percent up front and then fifty percent on export of goods, thus supporting the producer. Sandi showed us how there are only four steps between producer and consumer compared to nine steps in the normal retail trade. Vicki has recently been to India and was "more than impressed" with the fair wages, the equality, the women in leadership roles, the healthy workplaces and even the disabled being involved in production of the many beautiful goods.



"What can we do?" We can buy the products and foods, volunteer, learn about Trade Aid activities on the website, and inspire other people. A most educational morning.

Mary Paddock sends us their news, thank you.

KOWHAI REBUS CLUB OF BETHLEHEM



Dorothy Moore welcomes new member Joy Mytton.

JULY MAIN SPEAKER:

Our guest speaker Madeleine Taylor spoke on 'Being a grandparent today'. She gave very sound advice about the problems faced today with grandchildren.

JULY 10 MINUTE SPEAKER: Ailsa Smith – Otago Rail Trail April 2019.

Ailsa flew to Queenstown then spent 5 days with her friend Robin and 13 others cycling the Otago Rail Trail from Clyde to Middlemarch. Then on a mini bus to Pukerangi and the Taieri train to Dunedin. The trail had been used by Rail from 1879 to 1990 to transport gold, orchard and farm produce to Dunedin. In 1993 DOC took over the land and set out the Rail Trail. The distance is 152 kilometres, like Tauranga to Auckland. *Another beauty from Marie Mabey, Newsletter Editor. Always something interesting Marie. A bucket list 'must do'.*

COMBINED REBUS CLUB OF PARAPARAUMU BEACH INC.



Large clubs such as this have many interest groups.

Solitaires: On July 3rd, 16 of the group met at The Chocolate Factory in Raumati for a demonstration of chocolate making and tasting. It was a really interesting morning and lots of members had lots of chocolates!! We then went to the Boundary for lunch and 18 of us had a tasty lunch with some not so hungry after the chocolate eating.

Gardenias: This month we went up to Ruth Pretty's at Te Horo for 'Morning Tea' in the 'Garden Room'. It was a lovely venue, sunny and light and we all enjoyed Ruth Pretty's special cheese scones and ginger gems with cream cheese, tea and coffee provided.

Book Group: The meeting on 16 July was hosted by Mary Somerville. With four of our members missing, it was a group of six to discuss the novel "Chappy" written by Patricia Grace. This book was set against a backdrop of a changing New Zealand and spanned several decades.

There seems to be something for everyone doesn't there? Thank you Steve Hutchison for another masterpiece. Ed.

OMANU REBUS CLUB

Ten of our members travelled to Auckland recently to attend a matinee performance of "The War Horse" at The Civic Theatre. The acting and stagecraft of the show were absolutely awesome, and we were all thrilled by the performance. We stopped for dinner at The Flat White Cafe at Waihi Beach on the way home.

Mid-winter Lunch has been arranged, once again at the popular Oak Tree Restaurant, RSA Greerton, 12.30 pm on Wednesday 24th July and enjoy a great smorgasbord lunch for just \$21.00 per person (refreshments extra).

Afternoon Tea & Quiz on Wednesday 4th September 2pm to 4pm, so come and join us and have a fun afternoon for just \$5.00. You will also have the opportunity to win a special prize hamper! **Theatre**

Outing: "Last Legs" by Roger Hall, 16th Avenue Theatre, Wednesday 18th September at 7.30pm. **Garden Outing to Katikati & Waihi** in conjunction with the Papamoa Garden Circle, Wednesday 16th October.

We have two lives. The second one starts when we realize we only have one.

Rose Coutts, Secretary, sent us this action filled item.

RED BEACH LADIES REBUS CLUB

GUEST SPEAKER: Our very own **Lorraine Sanders** has agreed to come along and demonstrate her amazing cake decorating skills, how to make edible roses and lace work, sharing tips and other tricks of the trade.

Mid- Winter Luncheon is on 24 July at the Gulf Harbour Country Club.

Thank you Bobbie Wakenell for your news, hope to see some photos of the luncheon next time.

REBUS WAIHEKE ISLAND

Mini-Speaker: Pat Canning, A European River Cruise.

From her portable wheelchair Pat experienced a new kind of travel in Canada and Europe where being close to the ground had its advantages; to stop and appreciate close-up the beauty of the purple tulips. It also had disadvantages; the plethora of cigarette butts at ground level. For Pat, perfect health was not a requirement of great travel. The sixteen-day European river cruise from Amsterdam to Budapest surpassed her expectations with visits to the UNESCO World Heritage Site, Bamberg and the magnificent Hungarian Parliament Building, lit up at night, on the banks of the Danube.

Thank you Claire Stainton for this item.

RIVER CITY REBUS CLUB, WANGANUI

Our June meeting was celebrated this year with our **Mid-year Luncheon** held at the Wanganui East Club on a bright sunny day. We all enjoyed the delicious meal and the excellent entertainment provided by **the 4x2 Octet** – part of the Wanganui Male Choir.

At our next meeting **Jonathan Hartfield will be speaking on KEPT IN TOUCH**, bereavement experiences. Experiencing the feeling of a person's presence after their death is quite common but rarely

mentioned by the people concerned. Sometimes unexpected coincidences happen, sometimes small inexplicable incidents occur. They are usually comforting. Some medical research will be mentioned as well as some anecdotes from local people.

Thank you, Jonathan Seagers – an interesting talk!

WAITAKERE COMBINED REBUS CLUB

Mid-winter Christmas Lunch

This took place on Wednesday 3 July and was enjoyed by 30 members and 4 guests from Westside Social Group. The weather was not great, so instead of the planned “tiki tour”, we went directly to Howick where some enjoyed coffee and others browsed the shops. It was then off to Waipuna Lodge where the usual delicious lunch awaited us. After lunch, the raffle was drawn with a number of prizes won. The first one was a large basket of special goodies won by Mary Little. It was then on to the bus and back home after a very pleasant day.

This account was by Marilyn Pullen, and sent by Lynn Coverdale, thanks Lynn.

WIKANAE MILLENNIUM CLUB INC.

OUTING: Tuesday 16 July: Bus trip to Wellington. Morning visit to National Portrait Gallery, with a talk. Then bus to Te Papa, lunch there at own cost. Afternoon time to view Te Papa’s new natural science area (and any other area that interests people). Bus leaves for home at 2.30 pm.

This club has many interest groups: Walking and Coffee Group, Card Making, Computer Support, Stitchers and Knitters, Golfing, Cycle, Music, Discussion, Book Group, and of course Golden Oldies Moviemakers interest group, who are now making their next movie which mixes Drama, Comedy, Romance and Music.

Thank you to Alison Viskovic, Secretary, trip organiser, script writer etc. etc. Your energy is boundless. Ed.

KHANDALLAH REBUS CLUB

GUEST SPEAKER: David Howman, was Director-General of the World Anti-Doping Sports Agency (WADA) for 13 years. He met some pretty intimidating people and found himself in some seriously worrying

environments more than once. David is now working in sport integrity matters involving international bodies including athletics, cricket, tennis and squash. He spoke about Lance Armstrong and Maria Sharapova. Drugs and match fixing are a worldwide problem. Trillions are spent in Asia on betting, the Mafia is involved too. He mentioned corruption in NZ with the Serious Fraud Office enquiry into funds intended for the establishment of the Oceania Football Centre in Auckland, which involved a Kiwi who has been banned now for 8 years from football. The Russian saga at the 2014 Olympics was also mentioned.

Cate Crombie is Newsletter Editor at Khandallah.

And that is a wrap from me for another month, did you learn anything, or get an idea about something?? Because that is the object of the exercise.

Could you just check that your Bulletin/Newsletter is being sent to Club News please. In one or two cases we have been dropped off club circulation lists, seemingly with the change of officers and the new club year. I hate to miss out on all your great news, so do the readers.

Remember that the 2020 Calendar Photo Competition closes on 15th September – there is still time for you to send us that “winning shot”.



Jean (Editor – Club News)